

SENIOR MEALS PROGRAM

July, 2024 -- 605-472-0155

Call by 9 a.m. to order/cancel

728 S. Main Street

Area IV Meals

Milk included with all Meals

Meals subject to Change

Redfield

Site Manager:

Cyndi Bachman

Head Cook:

Jodi Jenson

Assistant Cook:

Jane Gruenwald

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Cordon Bleu Mashed potatoes Cauliflower/Broccoli Pears Whole wheat bread Carrot Bar	2 Hot pork sandwich Cucumber Salad Baked Beans Sherbert Fruit	3 Oven Fried Chicken Sweet potatoes Monico Blend Poke cake w/fruit Ice cream Dinner Roll	CLOSED 4 TH OF JULY	5 BBQ Riblet Scalloped potatoes Peas Fruit Cookie Whole wheat bread
8 Beef Stroganoff w/noodles Green beans Vanilla Pudding Mandarin Oranges Whole wheat bread	9 Chicken breast Augratin Potatoes 3-Bean salad Pineapple/strawberry Ambrosia Dinner Roll	10 Meatballs Mashed potatoes/gravy Broccoli Acini Depepi Fruit salad Whole wheat bread	11 Chicken Fried Steak Mashed potatoes/gravy Oriental blend vegetables Baked apples Whole wheat bread	12 Chicken Strips Sweet Potato Carrots and Peas Fruit Whole wheat bread
15 Chicken alfredo Broccoli Peaches Breadstick	16 Turkey Combo Mashed potatoes 7-layer salad Fruit	17 Spaghetti w/meatsauce Green Beans Applecrisp Garlic bread	18 Breaded Cod fish Parsley Buttered potatoes Coleslaw Tapioca pudding Mandarin oranges Whole wheat bread	19 Ham & Bean soup Egg salad Sandwich Tomato spoon salad Oatmeal cookie with Raisins
22 BBQ Chicken Mashed potatoes/gravy Harvard beets Pineapple tidbits Biscuit Chocolate cake	23 Hamburger cabbage roll hotdish Broccoli Muffin Pears	24 Baked pork chop Sweet potatoes Vegetable Capri blend Applesauce Whole wheat bread	25 Goulash Green beans Pineapple/strawberry Ambrosia Whole wheat bread	26 Bratwurst on bun Sauerkraut Potato wedges 3-Bean salad Pudding w/bananas
29 Chicken Strips Oven roasted potatoes Pea-cheese salad Fruit Whole wheat bread	30 Chef Salad w/boiled egg Cheesecake w/fruit Dinner Roll	31 Hamburger steak w/onion & mushrooms Mashed potatoes Beets Tropical fruit Tomato juice Whole wheat bread		Meals approved by: Registered Dietitian LIKE AND FOLLOW US ON FACEBOOK

